

Day One

Start Time	End time	Training Activity
09:00	09:15	Welcome and Introduction
09:15	10:15	Who are you?
10:15	10:45	Expectations
10:45	11:00	Break
11:00	11:15	Energiser
11:15	11:25	Course Code of Conduct
11:25	11:55	Sharing Experiences
11:55	12:10	Personal Training Fears
12:10	12:30	ToT Learning Outcomes and Material
12:30	13:45	Lunch
13:45	13:55	Energiser
13:55	14:55	Values clarification
14:55	15:15	Break
15:15	15:30	Energiser
15:30	15:50	Learning Styles
15:50	16:30	What makes a good facilitator?
16:30	16:50	Trainer Credibility
16:50	17:00	Assignment of icebreakers/energisers
17:00	17:15	Evaluation and Conclusion
17:30		Informal Welcome Drink

Day Two

Start Time	End time	Training Activity
09:00	09:05	Welcome and Housekeeping
09:05	09:20	Energiser/Icebreaker
09:20	09:40	Identify Circles
09:40	10:10	Are you ready to train?
10:00	10:30	Common training techniques
10:30	10:50	Break
10:50	11:05	Energiser
11:05	12:30	Practicising Facilitation
12:30	13:45	Lunch
13:45	14:00	Energiser
14:00	14:15	Stick Exercise
14:15	14:30	Constructive Feedback
14:30	14:45	Assignment of Teams for Presentations
14:45	15:15	Preparation time for Team presentations
15:15	15:30	Break
15:30	15:40	Energiser
15:40	17:00	Preparation time for Team presentations
17:00	17:15	Evaluation and Conclusion

Day Three

Start Time	End time	Training Activity
09:00	09:05	Welcome and Housekeeping
09:05	09:15	Energiser/Icebreaker
09:15	10:30	Teams 1 and 2
10:30	10:50	Break
10:50	11:00	Energiser/Icebreaker
11:00	12:20	Teams 3 and 4
12:20	13:35	Lunch
13:35	13:45	Energiser/Icebreaker
13:45	15:05	Teams 5 and 6
15:05	15:20	Break
15:20	15:30	Energiser/Icebreaker
15:30	16:50	Teams 7 and 8
16:50	17:05	Evaluation and Conclusion

Day Four

Start Time	End time	Training Activity
09:00	09:05	Welcome and Housekeeping
09:05	09:15	Energiser/Icebreaker
09:15	10:30	Curriculum Writing
10:30	10:50	Break
10:50	11:00	Energiser/Icebreaker
11:00	12:20	Writing and adapting topics for STOs
12:20	13:30	Lunch
13:30	13:40	Energiser
13:40	15:00	EC Intervention on Value of Training of Observers
15:00	15:15	Break
15:15	15:25	Energiser
15:25	16:45	Preliminary Evaluations
16:45	17:00	Evaluation and Conclusion
19:30		Trainers' Dinner

Day Five

Start Time	End time	Training Activity
09:00	09:05	Welcome and Housekeeping
09:05	09:15	Energiser
09:15	10:30	Planning the training
10:30	10:45	Break
10:45	10:55	Energiser
10:55	12:15	Adapting the Agenda to your needs
12:15	13:15	Lunch
13:15	13:25	Energiser
13:25	14:45	Monitoring and Evaluation of Participants
14:45	15:00	Break
15:00	15:30	Closing Remarks